

4th Royal Eltham

Going Away
With Us?



Here's a guide to help you pack

Luggage

Rucksack's and Holdall's are strong and ideal for general use. They offer a certain amount of protection for their contents if it should rain while we are setting up a camp and if they get muddy they can be dried and brushed clean.



Luggage



Cases can be used but are difficult to store in the tent, often taking up too much space and causing the owner considerable discomfort.

Plastic bags such as bin liners often do not survive the journey. Plastic bags are not recommended!



Money



We do not normally have a limit on the amount of money which may be taken on our activities and we would be happy to look after any cash.



For the Journey



If your child is likely to suffer with travel sickness please make sure that you tell us before we leave.

If your child takes medication for travel sickness, please make sure that they have some for the journey home. We are happy to look after this.



If your child is likely to suffer with travel sickness, please make sure that they carry some bags with them... Just in case!



For the Journey



Unless otherwise stated, full uniform and smart footwear must be worn during the journey. These should then be kept clean and dry and must not be worn during our stay so that they can be worn for the journey home.



Please remember to pack additional clothes and footwear



For the Journey

Books and magazines are a great way to pass the time.
Make sure they are to hand for the journey.



For the Journey

Food & Drinks



If a packed lunch is required, please take into account any unfortunate effects that some items such as chocolate could have! An individual's travel sickness is unpleasant for all occupants of the vehicle and can cause a considerable delay to the journey.



For the Journey

Food & Drinks



Chocolate, fruit drinks and fizzy drinks are not allowed in our vehicles. This is due mainly to the mess they can leave behind but also for the increased risk of travel sickness.



For the Journey

Food & Drinks



A small quantity of plain boiled sweets are allowed inside our vehicles, especially where travel sickness may be a problem.

Bottled still water is allowed inside our vehicles



While we're there

Clothing



A change of underwear is recommended for every day that we are away.



A change of casual clothing will be required during our stay. Several changes for trips of three days or more.



While we're there

Clothing



Even in the Summer it can get quite cold at night or during bad weather. A warm coat will be needed. A lightweight waterproof jacket is also very useful.

In Colder months a warm hat and gloves help to keep you warm



While we're there

Footwear

Comfortable footwear such as trainers are recommended for getting about once we're there.



Wellington Boots and flip flops are very useful for when it's wet. They save other footwear



While we're there



A collapsible chair will make life more comfortable. The alternative is often a damp log.



While we're there



A torch will be needed during the dark hours, especially in the tent. LED one's last much longer.

Spare batteries would be useful.



While we're there



A wash kit will be required.



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While we're there



You will need a hand or bath towel and a Tea Towel.
Two Tea Towels for three nights or more



While we're there

Sleeping



You will need a reasonably good quality sleeping bag. A pillow will add to the comfort

At least one or even two blankets will help to keep the night chills at bay. Remember that cold comes mostly up from the floor.



While we're there

Sleeping

Single air mattresses make sleeping more comfortable, as do self-inflating mattresses

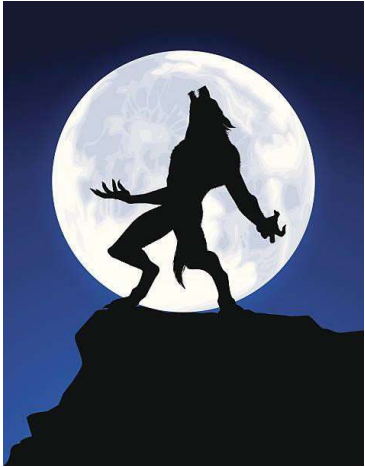


Camp beds with these type of legs should not be brought as they do not normally fit inside the tent. With larger tents the legs can pierce the ground sheet causing a leak.



While we're there

Health & Wellbeing



Should your child have any condition which could cause concern or become problematic during our trip, please make sure that we know about it.

Do you need to tell us what to do if it happens?
It would be most useful if you could write this down for us.



While we're there

Health & Wellbeing



If help is needed with medication, please make sure that you let us know what is required. It would be most useful if you could write this down for us.



While we're there

Eating



Knife, Fork, Spoon, Plate, Cup and bowl will be required unless otherwise stated.
Try to remember, with plates, cups etc, **If it can be broken it probably will be.....**



While we're there



On some of our activity's, swimwear will be needed. Please ask us.



While we're there

Contact

Mobile phone reception is never guaranteed and many of the places we visit have poor or no coverage.

If it's important, you may call our mobile phones but please don't be alarmed if you can't get through. Just leave a message. We do try to check our phones every day.

You may also send messages, but the same thing as above applies. We do try to check our phones every day.



Mobile Phones

Some children will use their phone almost constantly to play games and use social media. This often results in them not joining in with activities and missing out on things.

Those children who have abided by our rules and not brought a phone with them, often become upset when others have ignored these rules. This in turn can lead to peer pressure and even bullying.

Mobile phones are often mislaid and even lost or broken during activities. This causes considerable distress to the child who often, is so distraught that they will not even eat until the phone is found. On occasions when the phone has not been found or is broken, the child can be inconsolable because of the loss and perhaps, in anticipation of the parents' reaction to the loss.

You might think that none of this applies to your child but why take the risk?

MANY OF THE CHILDREN WHO HAVE BROUGHT A MOBILE PHONE TO CAMP HAVE SUFFERED ONE OR MORE OF THE ABOVE!

Jewellery, personal hi-fi, communications equipment and any items not essential for use during an activity must not be brought to it.

We do not accept responsibility for any personal items which become lost or broken. The adults in charge take mobile phones and will try to respond to calls and messages as soon as possible. We will call you should the need arise.

Please also refer to our Terms & Conditions.



While we're there

Contact

Please make sure that we have your contact details and also that you have ours!



While we're there

Contact



4th Royal Eltham Scout Group 2022

Signal permitting, we often update our Facebook page. Make sure that we have you as a friend on Facebook or you may not be able to see any photos or messages. If you would like to receive posts and photos, please ask to be added to the group.



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On the way home

The time we give for arriving back home is approximate.
Our journey is often delayed by heavy traffic so please don't be alarmed if we are late.

We will try to update our status on WhatsApp on the way home.



Lost Property



We (the leaders and accompanying adults) will not be responsible for the loss of or damage to any Items brought to an activity.
Please refer to our Terms & Conditions



Further Help?

If you are unsure about what you should pack, please ask any of the Leaders for Help and Advice.

